

# Galapagos Land Tour: **MULTISPORT PROGRAM**

## Galapagos Adventure Tour

8  
DAYS

7  
NIGHTS

CODE: MA004

### *San Cristóbal, Santa Cruz and Isabela Islands*



*\* Hotels depend on the category you choose – see alternatives below \*  
Hotels are subject to availability*

#### TRIP SUMMARY

- Day 1** *San Cristobal Island:* Lunch/ Interpretation Center / Frigate Hill and Playa Carola  
**SNORKEL + SHORT HIKE**
- Day 2** *San Cristobal Island:* The Highlands + El Progreso  
(OR choose between OPTIONS A or B)
- OPTION A:** Isla Lobos + Ochoa Beach / Lunch on board. (Site subject to availability)  
**HIKE + SNORKEL**
- OPTION B:** Kicker Rock Islet: Kicker Rock + Beach hike. (Extra cost)  
**HIKE + SNORKEL**
- Day 3** *Santa Cruz Island:* El Chato Highlands / Lunch / Tortuga Bay  
**FULL DAY HIKING**
- Day 4** *Santa Cruz Island:* Charles Darwin Station / Lunch/ Transfer to Isabela Is. - Visit Flamingos Lagoon
- Day 5** *Isabela Island:*  
**OPTION 1:** AM. Sierra Negra Volcano Hike + Chico Volcano **PM.** Snorkel in Concha Perla  
**HIKIING + SNORKEL**
- OPTION 2:** Full Day: Visit Cabo Rosa aka. Tuneles (extra cost)  
**NAVIGABLE TOUR + SNORKEL**
- Day 6** *Isabela:* Tintoreras Islet/ Lunch / Humedales Complex  
**SNORKEL + BIKING + HIKING**
- Day 7** *Isabela:* Highlands/ Lunch / Kayaking at Puerto Villamil Bay  
**BIKING + HIKING + KAYAKING**
- Day 8** Transfer out to Santa Cruz Is and to **Baltra Airport** / *Goodbye Galapagos!*

## DEAR TRAVELERS:

Please take the time to read thoroughly the following itinerary as many important details and recommendations about the program are explained here. If you should have any questions or concerns after reading this itinerary, please do not hesitate in contacting one of our travel specialists, we will gladly provide you with further information and make any recommendations to make your trip the most suitable possible.

### DAY-BY-DAY TRIP ITINERARY

#### DAY 1 Arrive in **San Cristobal Is**: Interpretation Center / Tijeretas snorkel - Playa Carola

You can arrive to the Galapagos only by flight, from either Quito or Guayaquil (air ticket not included). Our guide will be waiting for you at the airport on **San Cristobal Island** where **the tour will begin**. From the airport you will be taken to the hotel to check in to your rooms and leave your bags. After checking in, we will eat lunch in a local restaurant that serves “menu of the day” style lunches (not a la carte). After lunch we will head to the **San Cristobal Interpretation Center** where our guide will explain how the Galapagos Islands were formed, the evolution of species, the migration of the animals, and the human settlements within the Galapagos.

After visiting the Interpretation Center, we will make our way to “**Cerro Tijeretas**”, or “Frigate Hill”. Here you can do some snorkeling to see colorful fish species, starfish, sea urchins, or to simply enjoy the crystal clear waters. The afternoon continues with a visit to **Playa Carola**, where you will have time to enjoy the beautiful beach before returning to the hotel to rest and eat dinner (at a local specified restaurant).

Accommodations on the **hotel class of choice**.



#### DAY 2 San Cristobal: Highlands “El Progreso” (OR choose between **OPTIONS A or B**)

##### STANDARD ITINERARY - The Highlands “El Progreso”

After breakfast the day begins with a short bus or truck ride (depending on the size of the tour group) to visit the Highlands of San Cristobal. Along the way we will make a stop at the Mirador de la Soledad where you may enjoy a magnificent view of the island. Afterwards we will make our way to the Laguna del Junco, the only freshwater lagoon in San Cristobal, and also where frigate birds come to wash their wings. We will then make a short stop at Playa de Puerto Chino before eating a lunch in the Highlands. On the way back you will pass by the spot where the island’s locals cultivate their food and the famous Galapagos Coffee. We will then arrive at the hotel to rest and eat dinner at a local restaurant specified by the guide.

*\* OR pick one of the **OPTIONS** below \**

**NOTE:** The following options are subject to availability and last minute changes. **OPTION B** has an additional cost per person. Please, let us know what you prefer beforehand so we can arrange the excursion and advice on availability.

**OPTION A – Isla Lobos + Playa Ochoa \***

**\* Note:** navigation to this spot is subject to availability-

The short navigation towards Isla Lobos will begin after breakfast around 9:00 am. Los Lobos is a small islet separated from the main by a narrow channel. In this site you can find nesting blue-footed boobies (according to season), and of course a large colony of sea lions that rest and play on rocky shores. Many birds inhabit the place, frigates, brown pelicans, lava gulls, common boobies, yellow warblers and finches. The snorkeling in the clear waters of the channel is unforgettable, it is perhaps the best site to swim side-by-side with sea lions. A stop will be made afterwards at Playa Ochoa to relax at the beach and enjoy the great view. We return to Puerto Baquerizo between 2:30 - 3 PM. After a rest, you will have dinner in the specified restaurant.

**OPTION B – Kicker Rock + Beach Time \***

**\* Note:** extra cost per person, ask us for more info – spot subject to availability

This site is also known as Sleeping Lion or “León Dormido”. Getting to this spot takes 1h of navigation in a speedboat. The first stop will be right before Kicker Rock (going down of Cerro Tijeretas) for some fine swimming and snorkeling. Kicker Rock itself is considered one of the most outstanding snorkeling sites in the Galapagos. The excursion consists of two snorkel immersions, one in the morning and one in the afternoon after lunch. A Box Lunch will be served in the boat, as these parts of the islands are inhabited. Afterwards, we will make our way towards a deserted beach to observe wildlife and relax. We will head back to the boat and return to San Cristobal. Return time to Puerto Baquerizo is scheduled around 4pm. After a rest, you will have dinner in the restaurant specified by the guide.

Accommodations in **hotel class of your choice.**



**DAY 3** Transfer to **Santa Cruz Is.:** Charles Darwin St. / Highlands Hike (Giant Tortoise)

At 6:00 a.m. get ready to go to the dock (wake-up at 5:00 AM). We will take the **Public speedboat**, which leaves at 7:00 a.m. (subject to change), to Puerto Ayora (2 hour estimated travel time). Upon arrival and after breakfast, the guide will have indicated the hour to meet to begin the visit to the **Charles Darwin Research Station**, home to a large variety of Giant Tortoise representing of each island in the archipelago. We will also listen about the ongoing conservation efforts directed at

preserving the Giant Tortoises, as well as the environment of the archipelago as a whole. After this, make a short visit to the **Art Galleries of Puerto Ayora** and then eat lunch.

In the afternoon we make our way to the **Highlands of Santa Cruz**. Here you may observe the famous **Giant Tortoises** in their natural environment, which also known as **Galapagos**, and from where the name of the Islands derive. Also catch sight of the famous Galapagos Finches, Bird Wizards, as well as endemic vegetation such as Escelacias forests and Matazarnos. After this encounter with the Giant Tortoises, return to Puerto Ayora for lunch.

Accommodations in the **hotel class of your choice**.



#### DAY 4

Tortuga Bay Beach Hike / Transfer to **Isabela Island** / Visit Flamingos Lagoon

In the morning the guide will indicate the meeting time for a 45-minute trip to the beautiful **white sand beach** called **Tortuga Bay**. This is one of the most beautiful beaches in the Galapagos; here we can enjoy at the white sand beach and observe pelicans, fish, sea iguanas and other species of wildlife. Return to the hotel to rest. Dinner will be served at a local restaurant indicated by the guide.

After lunch, we will embark once again on the **Public speedboat** towards **Isabela Is.** (at 14:00), for approximately two and a half hours. Once at Isabela, we will take a brief rest at the hotel and then head to the **Flamingo Lagoon**, the largest coastal lagoon found in the Galapagos and one of the main reproductive sites for the majority of flamingos.

Accommodation in the **hotel class of your choice**.



#### DAY 5

Isabela Island:

**OPTION 1:** Hike Sierra Negra + Chico Volcanoes / Snorkel at Concha Perla

**OPTION 2:** Full Day: Visit Cabo Rosa aka. Tuneles (extra cost – please ask)

(This day you may choose **ONE** of the following options)

**OPTION 1:** Sierra Negra Volcano Hike + Chico Volcano **PM**. Snorkel Concha Perla. Early in the morning (8:00 am), after breakfast, you will get ready for the **Sierra Negra Volcano hike** (comfortable clothes, walking shoes and a light rain jacket are recommended). Make sure your camera is stored in waterproof bags, wear some sunscreen, bring water, and a hat! A box lunch will be prepared by yourself at the hotel with the foodstuff of your choice. We will then travel approximately 45 minutes by truck or bus to begin the 12 km hike (appx. 4 hours). The hike is long in terms of distance, but not very difficult as the inclines and declines are quite gradual. **There is an option to ride horses for an additional cost, and if interested please let us know beforehand.** Sierra Negra Volcano has the second largest crater in the world, measuring approximately 6 miles

in diameter and 300 feet deep. We will reach **Chico Volcano** before heading back, which should provide a spectacular view of the incredible moonlike terrain.

Once we get back to the hotel we will take a short break to rest. On the afternoon you will get to do some fine snorkeling in **Concha Perla**. There you can swim with sea lions, colorful varieties of fish, and with luck sea turtles and rays. Return to the hotel to rest before heading to dinner at a local restaurant indicated by the guide.

**OPTION 2: Full Day: Visit Cabo Rosa aka. Tuneles (extra cost)**

**There are two departure times for this tour**, one at 08:00 am with return time at 13:00 pm approx., and one at 11:00 am, with return time at 16:00 pm. approx. The chosen departure time for your tour might vary; hence, you will be notified on the departure time for this day trip on the night before the tour.

**Cabo Rosa aka. Los Tuneles.** is perhaps one of the most beautiful sights in the archipelago. Continuous volcanic eruptions petrified into tunnel-like lava formations right in the middle of the sea, and crystal clear turquoise water allows an amazing view of marine vegetation and playful sea lions. The tour begins early at 8:00am via speedboat and the first stop is a small islet in the middle of the ocean, home to pelicans, blue-footed boobies, and sea lions. **Finados** snorkeling site is the next stop, where you can swim next to sea turtles, **Tintoreras** sharks (endemic to the islands), trumpet fish and surgeonfish. With some luck, eagle and golden rays will come to this site too. Getting to Los **Tuneles** will take around 1 ½ - 2 hrs. Once there, the speedboat will navigate through various spots in and around the Lava Tunnels. Here you get the chance to do some more snorkeling and enjoy some short walks while observing the landscape and wildlife inhabiting the area. **A box lunch** on board will be provided for this day. Dinner will be served at the local specified restaurant.

Accommodations in the **hotel class of your choice.**



**DAY 6**

**Isabela Island: Snorkel in Tintoreras Islet / Humedales Bike Ride**

After breakfasts, get ready to visit **Tintoreras Islet**. First we will make our way to the dock of Puerto Villamil in order to embark on small speedboats (12 passenger capacity). After a short ride (appx. 20 min.) we will arrive at Tintoreras Islet. The name of the islet derives from the **sharks** that inhabit in the waters surrounding the islet, the famous white-tipped-fin Tintoreras Sharks. The islet is one of the most fascinating places on Isabela Island. **Galapagos sea lions, marine iguanas, blue-footed boobies, Sally Lightfoot Crabs, sea turtles, pelicans, and Galapagos Penguins** can all be found in this site. It is also one of main breeding sites for marine iguanas, and a great spot to get a close-up with them. After a hike around the islet, we will get back on the boat and cool off by snorkeling in the waters nearby. Swimming next to multicolor fish, starfish, sea-urchins, and with luck **manta rays, sharks, and sea lions** is a major highlight in this excursion. We will return to the hotel for lunch.

In the afternoon we will get ready with our bikes for a ride towards **Humedales Trail Complex**. Our first stop is the **Giant Tortoise Breeding Center** of Isabela. Here we will be able to see a variety of species of giant tortoises in captivity. We will also hear how this center has successfully been able to breed and raise the giant tortoises in order to preserve many of their endangered subspecies. We will mount on our bikes to the **Lava Tunnel**, as well as visits to **Mirador Orchilla**, **Estero de Isabela**, and **Playa del Amor**. After parking our bikes and a short hike we will then reach the 100 meters long and 7 meters high **Wall of Tears (Muro de las Lagrimas)**. Between 1946 and 1959 Isabela Island was used as a penal colony by the Ecuadorian government, and the prisoners were obligated to construct this wall out of the sharp and hard volcanic rocks. The name is derived from the arduous work and harsh conditions in which the prisoners work and by which many lost their lives. We will get back on our bikes and return to the hotel to rest before heading to dinner.

Accommodations in the **hotel class of your choice**.



#### DAY 7

**Isabela Island:** Kayaks in Puerto Villamil / Highlands: Campo Duro

After breakfast and depending on the tide, we will make our way to the dock and prepare for the **kayaking excursion**. After listening to the instructions and safety precautions, and once equipped with lifejackets and oars, you will begin rowing towards **Tintorerías Islet** where you will be able to observe a variety of fauna from our kayaks, including **Penguins**, **Blue-footed Boobies**, and **Marine Iguanas**. You will make our way up to **El Faro** before heading back to shore (appx. 2 hours). Return to the hotel for lunch.

In the afternoon you will visit and hike in the **Highlands of Isabela**, specifically **Campo Duro** inhabited by approx. 42 Giant Galapagos Tortoises in a semi-natural protected environment. On the way back we will visit the **Mirador del Mango**, **La Cueva de Sucre**, and then return to the hotel to rest before eating dinner at a local specified restaurant.

Accommodations in the **hotel class of your choice**.



#### DAY 8

Transfer out to **Baltra Airport** - Goodbye Galapagos!

On the final day we recommend waking up at 6:00 am to have enough and get ready for the transfer from **Puerto Ayora to Baltra Airport**. We will eat breakfast there, and then depart for **Baltra** where you will catch your return flight to either Quito or Guayaquil. Our unforgettable experience now ends at **Baltra Airport**.

**\*\* NOTE:** Itinerary subject to change without prior warning depending on seasonal changes, weather conditions, and adjustments in policies set by the Galapagos National Park, and other unforeseen circumstances that may arise.

## IMPORTANT INFORMATION

- ❖ **HOTEL SELECTION:** The hotel selection depends on the category of hotels that you choose. When you choose the class of hotels that you would prefer, we will indicate to you which hotels are available for the dates of your trip. Hotels are categorized in the following classes: Economic Class, Tourist Class, Tourist Superior Class, and First Class. All hotels that we work with are carefully chosen by us after close inspection.
- ❖ **AIRFARE NOT INCLUDED:** The price of the tour does not include air tickets. We can help with booking your ticket, or you may book your own flights on your own. PLEASE TAKE INTO ACCOUNT which island you will arrive and leave from, and if you choose to book your own flight please try to book your arrival in the morning (before 11 am) and your departure in the afternoon (12 PM or after) so that you will not miss any part of the tour. You can book your flight through either TAME, AEROGAL, LAN, or TAME (recommended).
- ❖ **RESTAURANTS:** We work with both hotel and local restaurants alike for breakfast, lunch, and dinner. This also depends on the chosen hotel class, as some hotels have restaurant services, **in which case food will be served on the hotel restaurant.** Meals are served in the “meal of the day” style. In case food is not served at the hotel, the guide will specify the chosen restaurant **(no transfers to and from the restaurants to the hotels are included in the cost of the program. However, distances are all at a minimum walking distance in Galapagos).**
- ❖ **LUNCH AND DINNER** during our tours consist on the meal of the day (not a la carte). Most provisions are bought in form the mainland to Galapagos, hence, a limited variety of food can be found. If you require vegetarian meals, let us know ahead of time so we can make all arrangements necessary within the possibilities.
- ❖ **GUIDES:** We organize excursion with local naturalist guides for each island (and sometimes for each activity). The guides will accompany you throughout all excursions, give explanations of the islands (flora and fauna) and coordinate the activities each day. Regarding lunch and dinner, the guide will specify the restaurant designated but he will not accompany you during this time. The guide’s activities will start and end with each daily excursion. The guide will not go with you on the speedboats between islands either. The guides are certified by the Galapagos National Park - if you feel that their guidance does not meet your expectations, feel free to leave a complaint at the National Park Direction to help improve the quality of service in the islands.

Distances are short in the Galapagos, and as the inhabited settlements have few residents they are very safe to walk around any time of day with normal precaution. The Guide activities start and end with the excursions. **The guide will not go with you on the speedboats transfer either.**

- ❖ **PUBLIC SPEEDBOATS:** We recommend that you take a seasickness pill before each ride between islands if you are prone to seasickness. It is also recommended that you carry small plastic bags with you in case of seasickness. The speedboats are not completely covered so please make sure that valuable objects and electronics are stored in a plastic bag. The **guide will not go with you on the speedboats** but a new guide will greet you on the other side.

There are no services onboard as the speedboat space is limited and the journey is relatively short. A water taxi ride is sometimes required (depending on the tide) from the dock to the speedboat; the cost is **1 USD** per person and **per ride**. Please, make sure you bring cash in small denominations in case this expense is needed. ***This is a Public service out of our control.***

- ❖ **SCHEDULE OF EXCURSIONS:** The schedule of the excursions will be coordinated and determined locally through the guide and those responsible for the operations. The guide will indicate what time each activity will start. The transfers between islands on the public speedboats are the only activities that have fixed departure times.

## INCLUSIONS & EXCLUSIONS

### THE RATE INCLUDES:

- ✓ Accommodation in selected class hotels and rooms
- ✓ All meals (breakfast – lunch – dinner)
- ✓ All land and sea transportation within the Galapagos during the program
- ✓ Bilingual naturalist guides for each island and all activities
- ✓ Excursions and visits during the program
- ✓ Snorkeling Equipment (mask, fins, tube)
- ✓ Transfer-in from San Cristobal Airport
- ✓ Transfer San Cristóbal – Santa Cruz (Puerto Ayora) by public speedboat
- ✓ Transfer Puerto Ayora – Isabela – Puerto Ayora by public speedboat
- ✓ Transfer Baltra – Puerto Ayora – Baltra (by truck or by bus depending on group size)

### THE RATE EXCLUDES:

- ✗ Air Ticket
- ✗ Galapagos National Park Entry Fee - \$100.00 US pp.
- ✗ Isabela Dock Fee - \$5.00 US pp.
- ✗ Migratory Control Card - \$20.00 US
- ✗ Transportation Itabaca Channel – Baltra Airport - **USD 5,00 per person -Day 8** (*subject to change*).
- ✗ Extra cost for alternative excursions in San Cristóbal and Isabela Islands (OPTION B and OPTION 2)
- ✗ Water taxi from dock to speedboat (San Cristóbal, Isabela and Santa Cruz Islands - depending on the tide) - **\$ 1.00 US per person per ride**
- ✗ Cost of the transfer between the hotels and the restaurants designated for the meals in each island
- ✗ Soft-drinks and alcoholic beverages
- ✗ Tips.